FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)													
1. Name and Address of Repor PLISKA ADAM J	2. Issuer 1 Allied Es			er or Tradir ainment, I	· ·		X Director						
(Last) (First) 17877 VON KARMAN	3. Date of Earliest Transaction (Month/Day/Year) 06/16/2020						X_Officer (give title belo	X_Officer (give title below) Other (specify below) President					
(Street IRVINE, CA 92614	4. If Ameno	dment, Dat	te Or	iginal Filed	(Month	/Day/Year)	_X_ Form filed by One Report	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
(Instr. 3) Date Exect (Month/Day/Year) any		any	eemed 3. tion Date, if Transaction Code h/Day/Year) (Instr. 8)		on	4. Securiti (A) or Dis (Instr. 3, 4	posed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	or Indirect (I) (Instr. 4)			
Common Stock									117,648	Ι	by Lipscomb/Viscoli Children's Trust (1)		
Common Stock	06/16/2020			S <mark>(3)</mark>		121,650	D	\$ 2.1747 (<u>3</u>)	508,831	D			
Common Stock	06/16/2020			S ⁽⁴⁾		37,865	D	\$ 2.3042 (4)	470,966	D			
Common Stock	06/17/2020			S ⁽⁵⁾		151,500	D	\$ 2.0512 (5)	319,466 ⁽²⁾	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transacti	on	Numl	ber	and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		of	of (Month/Day/Year) U		Unde	rlying	Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Deriv	Derivative		Securities (Instr. 5)		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					Secur	Securities (1		(Instr. 3 and			Owned	Security:	(Instr. 4)	
	Security					Acqu	ired			4)			Following	Direct (D)	
						(A) o	r						Reported	or Indirect	
						Dispo							Transaction(s)	(I)	
						of (D)						(Instr. 4)	(Instr. 4)	
						(Instr. 3,									
						4, and	15)								
											Amount				
								Date	Emination		or				
									Expiration	Title	Number				
								Exercisable Date		of					
				Code	V	(A)	(D)				Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			

Signatures

/s/ Allison Hushek, as Attorney-in-fact for Adam J. Pliska	06/18/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Held by the Lipscomb/Viscoli Children's Trust, of which Mr. Pliska is trustee. Mr. Pliska disclaims any pecuniary interest in such shares.
- (2) Inludes 7,951 shares issued to the reporting person pursuant to a restricted stock grant. Restrictions lapse on 9/20/2020.

The sale of common stock reflected in this Form 4 was pursuant to a Rule 10b-5 trading plan dated June 11, 2020. The price reported in column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$2.05 to \$2.31, inclusive. The reporting person undertakes to provide to the Issuer, any

(3) security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth.

The sale of common stock reflected in this Form 4 was pursuant to a Rule 10b-5 trading plan dated June 11, 2020. The price reported in column 4 is a weighted average

(4) price. These shares were purchased in multiple transactions at prices ranging from \$2.18 to \$2.47, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth.

The sale of common stock reflected in this Form 4 was pursuant to a Rule 10b-5 trading plan dated June 11, 2020. The price reported in column 4 is a weighted average

(5) price. These shares were purchased in multiple transactions at prices ranging from \$1.98 to \$2.22, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth.

Remarks:

Exhibit 24.1 Power of Attorney filed on Form 4 filed on 6/16/2020 and incorporated herein by reference.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.