Form 144 Filer Information

FORM 144

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information			
Filer CIK	0001507167		
Filer CCC	XXXXXXXX		
Is this a LIVE or TEST Filing?	● LIVE ◎ TEST		
Submission Contact Information			
Name			
Phone			
E-Mail Address			
144: Issuer Information			
Name of Issuer	Allied Gaming & Entertainment Inc.		
SEC File Number	001-38226		
Address of Issuer	745 Fifth Ave Suite 500 New York NEW YORK 10151		
Phone	646-768-4240		
Name of Person for Whose Account the Securities are To Be Sold	OEHLER BENJAMIN S		
See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.			
Relationship to Issuer	Former Affiliate		
144: Securities Information			
Title of the Class of Securities To Be Sold	Common		
Name and Address of the Broker	CHARLES SCHWAB CORP 3000 SCHWAB WAY WESTLAKE TX 76262		
Number of Shares or Other Units To Be Sold	39968		
Aggregate Market Value	37969.00		
Number of Shares or Other Units Outstanding	37398120		
Approximate Date of Sale	08/09/2023		
Name the Securities Exchange	Nasdaq		

any part of the purchase price or other consideration therefor:

144: Securities To Be Sold			
Title of the Class	Common		
Date you Acquired	08/10/2020		
Nature of Acquisition Transaction	Equity Compensation		
Name of Person from Whom Acquired	Allied Gaming & Entertainment		
Is this a Gift?	☐Date Donor Acquired		
Amount of Securities Acquired	39958		
Date of Payment	08/10/2020		
Nature of Payment	N/A		
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.			
Furnish the following information as to all se	curities of the issuer sold during the past 3 mont	ths by the person for whose account the	

144: Securities Sold During The Past 3 Months

Nothing to Report

144: Remarks and Signature

Remarks

Date of Notice

08/09/2023

ATTENTION:

securities are to be sold.

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Benjamin S. Oehler

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)